

**“Just try a little” they said, now I’m \_\_\_\_\_.**

**I realized that life is not a game when I was \_\_\_\_\_.**

**I thought I was buying weed but it turned out to be \_\_\_\_\_.**

**Mixing drugs and alcohol is a good recipe for \_\_\_\_\_.**

**I thought I was tripping, turns out I was actually \_\_\_\_\_.**

**Yah right, \_\_\_\_\_, is a myth. That could never happen to me.**

**I thought this pill would make me super high, turns out I am \_\_\_\_\_.**

**Truth or Dare?  
Fun game until I was \_\_\_\_\_.**

**Why am I waiting in the emergency room?**

**I’m not addicted, I’m just \_\_\_\_\_.**

Why can't I  
poop?

Peer pressure  
is the reason  
I am \_\_\_\_\_.

I'm not  
feeling so  
good. What  
was in that  
punch?

just another  
statistic in the  
opioid crisis

There were  
10,337 opioid-  
related deaths in  
Canada between  
January 2016 and  
September 2018.



fuck you,  
I do what  
I want



table-flipping  
mad



playing  
Russian  
Roulette with  
street drugs

In Canada, there  
was a **2000%** rise in  
street drug samples  
testing positive for  
fentanyl.



overdosing  
on fentanyl  
without even  
knowing it

Many people do  
not know they are  
buying a fentanyl  
laced drug until it's  
too late.



pencil  
sharpenings



duck face

Careful, your face  
might permanently  
stay like that.




**Ebola Virus  
Outbreak**

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**stealing pills  
from  
grandma's  
purse**

It is illegal to  
take other  
people's  
prescription  
medication.

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**shit laced  
with fentanyl**

Many people do not  
know they are buying  
a fentanyl laced drug  
until it's too late.

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**bath salts**

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**chasing  
clouds**

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**wearing  
pants below  
the ass with  
underwear  
sticking out**

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**everyone  
was Kung Fu  
fighting**

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**picking scabs  
and eating  
them**

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**losing  
friends when  
the dope  
runs out**

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**so paranoid,  
I'm paranoid  
that I am  
paranoid**

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**developing a  
blood clot  
from binge  
watching  
Netflix**

Blood clots are  
very dangerous!  
Make sure you get  
up and stretch  
your legs.



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**poking a  
bruise even  
though it  
hurts**

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**trying to  
pushing one  
out, it's like  
giving birth  
to a poop  
baby**

One of the side  
effects of opioids  
is constipation.



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**wondering  
what the fuck  
all this hype  
is about**

The "high" from  
taking opioids is  
often described as  
"not worth it"  
considering it can  
lead to death.



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**googling  
WebMD for  
medical  
advice**

Please do not use  
Google for  
medical advice.  
See a doctor.  
We are not that  
scary.



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**in prison**

It is illegal to use,  
possess or sell  
other people's  
prescription  
medications.



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**deader than  
Deadpool**

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**shit-faced**

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**drinking the  
sadness  
away**

See a doctor.  
We are here to  
help.



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**picking  
through  
vomit and  
re-eating any  
undigested  
pills**



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packing up  
and getting  
the fuck out

It's never too late  
to change your  
life, get new  
friends and start  
over.



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stranger  
than Stranger  
Things

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in the back  
of a white  
van with  
hands and  
feet tied up  
and mouth  
taped shut

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Doing ass to  
ass like  
Jennifer  
Connely in  
"Requiem  
for a Dream"

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getting  
pumped full  
of naloxone

Naloxone  
**temporarily**  
reverses the effects  
of opioids. Often,  
more than one  
dose is needed.  
Call 9-11!

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snitches get  
stitches

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bitches be  
trippin'

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struggling to  
breathe

Opioid (fentanyl)  
side effects:  
constipation, slow  
breathing, small  
pupils, drowsiness  
and death.

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destroying  
the evidence

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writing on the  
bathroom  
stall with a  
sharpie while  
taking a shit

Stop loitering  
around in shitty  
places. Have a poop  
and get out.

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## low self-esteem

One of the risk factors for drug use is low self-esteem.



## covered in bugs that no one else can see



## a decaying body in the basement of a crack house



## a soulless mother fucker



## tired of this shit

Talk to your doctor, we are here to help or call the Alberta Addiction Helpline: 1-866-332-2322

It's never too late to quit.



## living in a gangsters' paradise

(Make gangster signs while reading this out loud for extra effect)



## 10 balloons of heroin shoved up the ass



## vaping red hot chili peppers



## Netflix and chilling



## chillin' like a villain



swiping right  
on Tinder

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poison

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heroin

'Opioids' is a general term for a class of drugs that relieve pain. Examples of opioids or drugs that contain opioids include: morphine, heroin, fentanyl, oxycodone, Tylenol 3, percocet, etc...

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licking a  
lollipop that  
turned out to  
be fentanyl

Fentanyl comes in many different forms: candy, spray, powder, dissolving strip, tablet, patch, injection...

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a roofie

AKA: the date rape drug. Never leave your drink unattended.

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crying  
inconsolably

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lines and  
lines of coke

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bleeding to  
death from a  
newly  
deviated  
septum

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blowing coke  
up the  
rectum

Rectum is just a fancy word for asshole.

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lying in a  
puddle of  
piss with an  
arm full of  
needles

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half-opened  
Halloween  
candy

F

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a gateway  
drug


F

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morphine,  
so much  
morphine

“Opioids” is a  
general term for a  
class of pain meds.  
Ex: morphine,  
heroin, fentanyl,  
codeine, oxycodone,  
percocet, T3s..

F

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white  
powdery  
stuff


Most street  
fentanyl in Canada  
is produced illegally  
as a powder. This is  
why it is so easy to  
secretly mix it into  
other drugs.

F

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too smart for  
my own good

F

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just trying to  
mess with  
the medical  
student

F

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having neck  
cramps from  
so much  
bling bling

F

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so fucking  
hip it puts  
hipsters to  
shame

AGES  
18+ F

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trying to  
remember the  
last time  
I pooped

Opioid side effects:  
constipation (unable  
to poop), small  
pupils, drowsiness,  
slow breathing and  
death.


F

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more curious  
than Curious  
George

Curiosity killed the  
cat.

F

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high as a kite,  
ready to fight



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asking  
random  
people for a  
lighter but  
nobody  
smokes  
anymore




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taking  
laxatives just  
to counteract  
the effects of  
morphine

Opioid side effects:  
constipation, slow  
breathing, small  
pupils, drowsiness,  
coma and death.



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carpet  
crawling  
looking for  
crystal meth



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rapping out  
rhymes like a  
gangsta



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getting sober

We are here to  
help. Talk to your  
doctor or call the  
Alberta Addiction  
Helpline:  
1-866-332-2322



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skipping  
school to  
hang out at  
the mall



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giving into  
peer pressure

Peer-pressure is  
one of the top  
reasons why people  
try drugs. If your  
“friends” are  
pressuring you to  
try drugs, they are  
not friends.



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rebellng  
against the  
evil parents



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so sad, like  
that sad little  
donkey

If you are feeling  
depressed, see a  
doctor. We are  
here to help.



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**hooked after  
just one hit**

All it takes is just  
one...



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**ignoring all  
the red flags**



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**more  
addictive  
than popping  
bubble wrap**



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**super fucking  
awesome  
because  
everything is  
AWESOME**



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**haters be  
hating**



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**munching out**



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**laughing but  
actually  
crying on the  
inside**

We are here to  
help. If you are  
feeling depressed,  
please see a doctor.



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**Donald Trump**



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**a fucking  
hipster**



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**making  
daddy cry**



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**in the middle  
of a human  
centipede**

If you don't know  
the reference,  
google it.



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**The Artist  
Formerly  
Known as  
Prince**

Prince died of  
fentanyl overdose  
in 2016.



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**passed out  
face down in  
a public  
bathroom**



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**aspirating on  
vomit and  
dying of  
pneumonia**



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**laying in a  
dumpster  
with no  
recollection  
of the night  
before**



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**a death  
sentence**

Even a small dose  
of street fentanyl,  
the size of a grain  
of sand, can kill  
you.



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**soaking a  
tampon in  
alcohol and  
shoving it up  
the asshole**



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**50-100 times  
more  
powerful  
than  
morphine**

This is true.  
Fentanyl is 50-100  
times more  
powerful than  
morphine.



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**naloxone**

Naloxone  
temporarily reverses  
the side effects of  
opioids. Naloxone  
kits are available for  
**free**. You do not  
need to show your  
ID or even have a  
prescription. Google  
"Get Naloxone  
Alberta".



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**laughing at  
jokes that  
aren't even  
funny**



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oregano

in a coffin

too scared to  
call 9-11

meth mouth

Tide Pod  
Challenge

Crystal Meth  
causes salivary  
glands to dry out,  
allowing acids to  
eat away at tooth  
enamel.

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stealing from  
friends like an  
asshole

a shifty eyed  
drug dealer

broke as fuck

sitting on the  
toilet while  
snapchatting

vaping up a  
STORMMMM!!!

Don't be an  
asshole...

Drug dealers are  
lacing drugs with  
fentanyl to make it  
more addictive.  
Sad but true fact:  
Drug dealers like  
your money, not  
you.

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## too many green beans


Street names for fentanyl include: greenies, green beans and green monsters, dance fever, murder 8, TNT, China White...



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## choking on cotton mouth



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## casually scratching my pubes while watching TV



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## dazed and confused



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## half-baked



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## taking free drugs from strangers



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## addicted, but not admitting it

Talk to your doctor, we are here to help or call the Alberta Addiction Helpline: 1-866-332-2322



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## aggressive panhandling on Whyte Ave



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## flailing around like a wacky wavy inflatable tube man



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## doctor shopping

Dispensing of certain drugs is monitored to prevent patients from 'doctor shopping' to get more pain meds. In addition, Alberta tightened its rules on prescribing opioids.



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running  
around the  
city with a  
can of spray  
paint like a  
toddler with  
a crayon

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blank

Blank

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**DAT Instructions:**

Everyone picks up 7 white cards. The player that goes first picks a black card and reads it out loud. The other players answer by giving one of their white cards facedown. The player whose turn it is reads all the answers out loud and chooses their favorite. The player who submitted the answer keeps the BLACK card. The person with the most black cards wins!

*A great  
thanks to:*



Inspired by Cards Against Humanity