




OH NO!
I think I have
COVID-19.
What should
I do?!

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Why is
everyone
buying so
much toilet
paper?

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Why am I
quarantined?

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My hands are
covered in
_____.

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HELP! I'm a
anti-vaxxer.
How can I
protect my
baby from
the measles?

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_____ is
FAKE NEWS.

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Why did I
wake up in
the intensive
care unit?

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While I was at
the grocery
store, I stocked
up on _____.

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I thought
_____ would
protect me.
I was wrong.

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Facebook
says that
COVID-19 is
actually
_____.

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_____ - it's
contagious!

I don't need
to social
distance
because I'm
_____.

In 9 months,
I predict
_____.

I'm not
scared, I'm
just _____.

Why am I
waiting in the
emergency
room?

How did I get
into this
shitty mess?

toilet paper.
GLORIOUS
toilet paper.

**CDC approved
face masks**

CDC does not
recommend that
healthy people wear
facemasks to
“protect themselves”
in public. Just stay
home.

**a biological
weapon**

COVID-19 is a
naturally occurring
virus. It was NOT
made in a lab and it
is NOT a biological
weapon. Scientists
are still investigating
its origin.

**kleenex
because all
the toilet
paper was
gone and I
really need to
wipe my bum**



fake news

There is a lot of inaccurate information out there. Here's a list of good sources to go to: Health Canada, AHS, WHO, CDC and Mayo Clinic website.



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food and water because I'm S-M-R-T



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blindly following Dr. Andrew Wakefield

An infamous doctor who published **fraudulent** research connecting MMR vaccine to autism.



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only the bare minimum of what I need because I'm not an asshole



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measles is just a rash, it can't kill you

Measles is not just a rash, it is a highly contagious infectious disease. It can kill you. Get vaccinated.



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a gob of spit in the face of mankind



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vitamins because they are all natural



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screw groceries, buy guns



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asking online strangers to send positive healing vibes



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it's in the air, IT'S IN THE AIR!!

COVID-19 spreads through droplets generated by coughing or sneezing. It is NOT truly 'airborne'.




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so tired of social distancing

Social distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak.



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gargling salt water

Gargling with saltwater may help make your throat feel better but it does not prevent or cure an infection.



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a socialist attempt to destroy our capitalist economy



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everyone will forget about COVID-19, just like they forgot about SARS, which was also a coronavirus



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stay the fuck home and use the AHS online tool or call 811

Google “AHS online COVID-19 tool” to determine whether you need to be tested and where to go if you do.



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suffering from a stiff neck and a little lock-jaw

Tetanus can cause painful muscle contractions, lock jaw, difficulty breathing and death.



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fuck society, I do what I want



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so confused about what social distancing actually means

Stay at home, avoid gatherings, keep at least 2m away from others.



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there's mercury in vaccinations. MERCURY.

Childhood vaccinations do NOT contain thimerosal, a mercury based preservatives.




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essential oils

Essential oils do **NOT** protect you against bacteria or viruses.



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vaccinations cause autism

No, vaccinations do not cause autism. It was all made up by Dr. Wakefield who published **fraudulent** research connecting MMR vaccine to autism.



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it's all a conspiracy theory



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doctors are in deep with BIG PHARMA!!

No. No we are not.



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I got the flu from the flu shot

The flu vaccines cannot cause influenza.



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what doesn't kill you, makes you stronger



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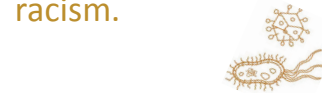
the photos of people with polio are all staged, just like landing on the moon



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the "China Virus" as Trump likes to call it

This is just racist. Please. Just. Stop. In Canada, we have zero tolerance for racism.



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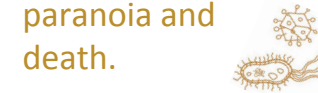
the results of daycare



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foaming at the mouth

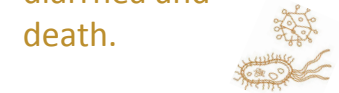
Rabies is a viral disease that causes inflammation the brain. It can cause partial paralysis, anxiety, insomnia, confusion, agitation, paranoia and death.



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another Ebola outbreak

Ebola Virus Disease (EVD) is a rare and deadly disease. It can cause fever, hemorrhaging, diarrhea and death.



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refusing to wash my hands in fear of dry skin



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just call me Typhoid Mary

“Typhoid Mary” was a cook who was an asymptomatic carrier of Typhoid Fever. She infected many people because she did not wash her hands.



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can't cure stupidity



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Mad Cow Disease

Bovine spongiform encephalopathy (BSE), is a fatal disease affecting the central nervous system of adult cattle.



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just seeking attention by being controversial, I really don't give a fuck



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flesh-eating disease

Necrotizing fasciitis (NF) is an infection that results in necrosis (death) of soft tissue. It kills about 1 in 4 people infected with it.



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tuberculosis

TB is caused by a bacteria that generally affects the lungs but it can also affect other parts of the body. It was historically called "consumption".



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vaccines never cured anything

What about Smallpox? Due to worldwide vaccination programs, Smallpox was completely eradicated.



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butt water



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the curve will be so flat it'll be a straight line

That's the goal.



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a steaming hot pile of E.coli

E.coli is a type of bacteria that lives in the gut. It is usually harmless, however, some strains can cause diarrhea.



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layers and layers of bacteria



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someone else's bodily fluids



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it is my right as a parent to allow my own child to suffer and possibly die from preventable diseases



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government sanctioned house arrest on EVERYONE



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the Kissing Disease

Mono is a virus that is spread through saliva. Symptoms include fatigue, sore throat, swollen lymph nodes and a big swollen spleen.



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septic shock from eating a fairly pink looking hamburger

Make sure meat is properly handled and cooked.



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the blood of other children



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trying to cure myself with echinacea and rose hips



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it's the end of the world as we know it



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**a cleaner,
greener, less
populated
more
sustainable
planet**



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**laughing at an
adult with
chicken pox**



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**a zombie
apocalypse**



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**stepping on a
rusty nail**

Make sure your tetanus shot is up-to-date. Tetanus vaccine is good for 10 years.



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**superbugs
from taking
ALL the
antibiotics**



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**“Good
Bacteria”**

Some bacteria act to maintain the healthy functioning of our body.



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**just another
dead body in
the pile of
dead bodies**



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**a sprinkle of
diphtheria**

Diphtheria is caused by a bacterium that can create a thick covering in the back of the throat, difficulty breathing, heart failure, paralysis and death.



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**addicted to
touching my
face**



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a shit storm



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a handful of antibiotics for my viral cold

Antibiotics do NOT work for viral illnesses.



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washing my hands until they start to bleed



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a smoothie containing hot pepper, ginger root and onion



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wearing a mask and gloves as a fashion statement



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covered in MRSA

Methicillin-resistant Staphylococcus aureus (MRSA) is a type of bacteria that is resistant to several antibiotics.



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a touch of Fournier's gangrene

AKA: Flesh-eating disease of the genitalia.



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sticking a dirty needle in my arm



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puking and shitting at the same time, it's a skill



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intravenous vitamin C



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convinced that lyme disease is the root of all my problems even though I was never bit by a tick



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coffee enema



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**crystals and
aromatherapy**



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**lacking
common
sense**



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**antibiotics
for everyone!**


**You get
antibiotics
and you get
antibiotics!**



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**just a figment
of your
imagination**



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Norovirus

An infection that causes nausea, vomiting, diarrhea and abdominal pain. It is extremely infectious and spread through the fecal-oral route. Wash your hands.



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**too much
pork and
beans**



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**E.coli salad
dressing for
my romaine
lettuce**

As of Jan 15, 2020, the E.coli outbreak from some types of romaine lettuce was declared over.



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**my IBS is
acting up
again**



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**bleeding from
the eyes and
rectum**



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using the same knife to cut meat and vegetables



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salmonella

A group of bacteria that causes food-borne illnesses. It can also be transferred through handling birds (chickens), reptiles, amphibians and other animals.



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it's either angel hair spaghetti or a bundle of pinworms, hard to tell...



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it's called giardia, isn't it cute?

Giardia is a microscopic parasite that can cause diarrhea. Google a photo of giardia, they are so cute!




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covered in scabies

Scabies, also known as the seven-year itch, is a contagious skin infestation caused by a mite.



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world's largest ball of tapeworms



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the top of Public Health's "Most Wanted" List



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dying from a preventable disease



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catching Hand-Foot-Mouth Disease from my baby

HFM is caused by a virus. It involves sores in the mouth and a rash on the hands and feet.



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a very small coffin



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The Man Flu

**more porn,
less
judgement**

**forced family
time**

**avoiding
face-to-face
contact like
an emo kid
sitting in the
corner by
himself**

**taking a bunch
of tylenol to
bring down my
fever so I can
go to work**



**fear-
mongering**

**creating a
diversion to
avoid being
screened at
the airport**

Zika virus

A virus that is transmitted by mosquitoes that can cause birth defects such as microcephaly (small head).

**ignoring all
the signs and
symptoms**

**Generation X -
I was born to
social distance
myself**



**an envelope
filled with
white
powdery stuff**

Remember the
anthrax attacks of
2001?



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**whatever,
immune
systems are
overrated**



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**writing my
name on a
ventilator
before they
are all one**



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**5 second rule!
It's still good.**



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**finding every
little paper
cut with hand
sanitizer**



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**getting my
spine
adjusted to
align my
immunity**

Whatever the fuck
that means...



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**collecting a
big bottle of
phlegm to
show the
doctor**

Please don't.



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**trying to pee
into a cup
without
peeing on my
hand**



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**a shortage of
toilet paper**

Stop panicking.
The shelves might be
temporarily empty,
but Canada is
capable of
manufacturing toilet
paper



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**sneezing into
my hand and
then wiping
my pants**

If you don't have a
tissue, cough or
sneeze into your
upper sleeve,
not your hands.



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public shaming someone for not washing their hands after going to the washroom




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young and healthy

People of all ages can be infected by COVID-19. The elderly and people with pre-existing medical conditions are more vulnerable to becoming severely ill.



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a tapeworm larvae slowly eating away at my brain

Cysticercosis is an infection where tapeworm larvae form cysts in the brain. Cook your pork well.



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loaded up on the flu vaccine


The annual 'flu shot', does not provide protection against COVID-19 but it does provide protection from Influenza, a different virus



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playing Russian Roulette with under cooked food



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trying to decide who lives and who dies

Doctors are having to make difficult medical decisions in countries struck the hardest by COVID-19.



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leaving dirty kleenexes all over the house



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spreading C.diff from patient to patient

C. diff is the most frequent cause of infectious diarrhea in hospitals.



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coated with germs

COVID-19 and many other viruses and bacteria can live on a variety of surfaces for an extended period of time if not cleaned.



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staying the fuck home like a good citizen



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**addicted to
googling the
current death
count**



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**covered in
burns from
taking a boiling
hot bath**

Taking a bath with extremely hot water can be harmful. The best way to protect yourself is by washing your hands often.



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**battling an old
woman for
the last case
of toilet paper
(she won...)**



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**trying to steal
antibiotics**



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**a homemade
remedy of
alcohol and
chlorine body
spray**

Spraying alcohol or chlorine all over your body can be harmful.



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**thinking I
know more
than the
experts**



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**a spike in STIs,
babies and
divorces**

Remember to practice safe sex. Use condoms.



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**toilet paper is
the only thing
that can
protect us**



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**facetiming
with my
doctor**

To promote social distancing and reduce spread of COVID-19, doctors are starting to hold virtual clinics.



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**COVID-19
is just a
common cold**

COVID-19 is not the 'common cold'.



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